

agile 101 – delivery options

Summary

As our flagship course, agile 101 is a comprehensive "primer" for your individual agility journey – comprised of 6 modules and delivered over 3 days, it gives learners a solid foundation to implement agility in their team or department and with plenty of hands-on activities the course is designed to **engage, challenge** and **inspire!**

To keep our training offering as flexible as possible and allow you to maximise the value you receive from working with us, we offer this course both as a traditional, "[consecutive delivery](#)" as well as a "[split delivery](#)" approach where the required classroom days are split across 3 – 6 weeks.

Both delivery options qualify eligible participants for the [ICAgile Professional Certification](#) associated with the course and are delivered using a mix of **content delivery**, hands-on **exercises** and activities and classroom **discussion**.

While training exposes learners to techniques, tools and skills required to work within an agile environment, additional **operational support** is usually necessary **to change** the way people, teams and organisations work and we therefore recommend [ongoing support](#) following the training.

Consecutive delivery

If desired, the course can be delivered on **3 consecutive days** in the same week, making it easier to schedule people and facilities. Since this option does not allow time between training days to apply the tools and techniques introduced and derive additional learning from them, we recommend that this delivery approach is part of an **agility rollout plan** and is followed up by ongoing support for 8 – 12 weeks following the training. While this is not mandatory, we find that this produces the best results with regards to "making learning stick".

Split delivery approach

To reduce the amount of content learners need to absorb at any one time, we offer the delivery of the 3-day agile 101 certification course in **three individual, 1-day classroom courses**, delivered over 3 – 6 weeks. The benefits of this approach are:

- Fewer concepts introduced at any one training session, supporting increased retention
- Longer rollout schedule allowing for more time to apply the learning in real-world environments
- Learners are more informed when coming into the 2nd and 3rd training sessions, bringing existing experiences with them

Delivering three 1-day sessions over 6 weeks also allows for one "non-training" week following each classroom session, and we recommend that learners are supported in the adoption of the course content during these "non-training" weeks. This helps individuals

and teams to apply the learning before moving on to the next topic and enables them to modify their current delivery approach iteratively and incrementally.

Learning objectives – daily breakdown

For split delivery courses, the learning objectives for each day can be broken down as follows:

Day 1 – Learning outcomes

The first day of the course will introduce learners to the **values and principles** underlying all agile delivery approaches, discuss different types of **team structures** and **leadership** styles associated with agility and teach participants how to use Vision Boxes and Value Sliders for **collaborative project conceptualisation**.

At the end of Day 1, learners will

- Understand the values and principles underlying agility approaches
- Have been introduced to examples of how agile values and principles may be implemented
- Be able to articulate the difference, benefits and drawbacks of different team structures and leadership styles
- Have a framework for managing conflict productively and collaboratively
- Have gained hands-on experience in creating a Vision Box and Value / Constraint sliders for a sample case study project

Day 2 – Learning outcomes

The second day of the course builds upon the concepts introduced during Day 1 and extends them by introducing learners to **goal-based work breakdown structures**, user stories, progressive elaboration and the concepts of "**Minimal Viable Products**" (MVPs) and "**Minimal Marketable Products**" (MMPs). This is supported by discussing how to use user and customer feedback cycles for product / service **validation and optimisation** and augmented with concepts from the fields of User- and Customer Experience Design.

At the end of Day 2, learners will:

- Understand the benefits of goal-based work breakdown structures
- Be able to break work into epics and user stories
- Have experience in creating user stories, story maps and acceptance criteria
- Know how to collaboratively create "Definitions of Done" across all levels of a project
- Have been introduced to 4 types of innovation and innovation diffusion theory
- Know how to create "Personas" for innovation validation and product / service optimisation
- Have been introduced to different prioritisation methods and how they can be used to create MVPs and MMPs

- Understand the power of internal and external feedback cycles for product / service development and risk management

Day 3 – Learning outcomes

The final day of the agile 101 certification course builds upon the concepts covered during the previous two days and supplements them by introducing agile **planning, tracking and evaluation** approaches. Learners continue to work through the sample case study used for activities during Day 1 and Day 2 to learn how to use story points, create **budget** estimates in agile environments, **track and adjust** project delivery as required.

At the end of Day 3, learners will:

- Have been introduced to the "cone of uncertainty" and its applicability in project estimation
- Understand what is involved in planning on different levels – from portfolio to day-to-day
- Know how to use relative estimation approaches in uncertain environments
- How to derive budget estimates from relative estimation approaches
- Have been introduced to burndown charts and FDD parking lots for delivery tracking and reporting
- Understand the concept of "adaptive planning" and how to implement it on a project level

Implementation support & coaching

We are able to offer professional on-site and online coaching services to support learners in implementing a new way of working and adapting the tools and techniques introduced during training to their unique problem domain.

Looking to build your own coaching capability? Then give us a shout and discuss how we can help you hire new coaches, identify internal "agility champions" and support you in uplifting your internal capabilities.

For further info and a no-obligations chat, contact us on info@agileattitude.com.au