

# Agile skydive

a terrifying 14,000 feet overview of business agility

**Why:** understand the what and why of business agility

**Who:** delivery team members  
project / program / portfolio managers  
team leads / managers  
senior managers / executives  
small – medium sized business owners  
startup owners / partners

**How long:** 0.5 day session

## Agenda

- 1) Introduction & overview
  - Workshop introduction & agenda review
  - Working agreements
  
- 2) What is agility
  - History
  - Agile values & principles
  - The agile mindset
  - Efficiency vs effectiveness
  
- 3) An agile process
  - Agile delivery cycle
  - Progressive elaboration
  - Iterative & incremental delivery of value
  
- 4) An agile simulation
  
- 5) Benefits of agility
  
- 6) Your agility journey
  - Maturity models
  - From change to continuous improvement

## Additional information

### Learning outcomes

- Understand agile values & principles
- Understand the "agile mindset"
- Introduction to iterative and incremental delivery of value
- Introduction to levels of planning and adaptive planning
- Experience the difference between "efficiency" and "effectiveness"
- Experience a sample agile delivery cycle
- Foam at the mouth to be more agile!

### ICAgile Learning Objectives

On successful completion of the course, participants will receive credits for the following ICAgile Learning Objectives:

1. History
  - Origins of agile
  - Agile manifesto
  - Agile beyond software development
2. Culture & Mindset
  - Understanding the agile mindset
  - Establishing the agile mindset
  - Agile in context

These Learning Objective credits may be used towards gaining ICAgile Certified Professional (ICP) status provided participants complete all Learning Objectives associated with the track within a period of 5 months from the initial workshop. Additional information on ICAgile certification is available on <https://icagile.com/icagile-certified-professional>